

# Roots and Shoots

## Native Plants and Southern Fruits

### SALT TOLERANT PLANTS

#### SHRUBS/TREES

Baccharis halimifolia	Groundsel	High
Ilex vomitoria	Yaupon holly	High
Juniperus virginiana silicicola	Southern Red Cedar	High
Magnolia grandiflora	Southern Magnolia	High
Morella cerifera	Wax Myrtle	High
Osmanthus americanus	Wild Olive / Devilwood	High
Prunus angustifolia	Chickasaw plum	High
Quercus phellos	Willow Oak	High
Quercus virginiana	Live Oak	High
Sabal minor	Dwarf Palmetto	High
serenoa repens 'silver'	Saw Palmetto	High
serenoa repens 'green'	Saw Palmetto	High
Yucca aloifolia	Spanish Bayonet	High
Zanthoxylum clava-herculis	Toothache tree	High
Betula nigra	River Birch	Moderate
Clethra alnifolia	Clethra or Summersweet	Moderate
Hamelia patens	Firebush	Moderate
Ilex cassine	Dahoon Holly	Moderate
Ilex glabra	Inkberry/gallberry	Moderate
Ilex opaca	American Holly	Moderate
Juniperus virginiana	Eastern Red Cedar	Moderate
Magnolia virginiana	Sweet bay Magnolia	Moderate
Malvaviscus arboreus	Turks cap	Moderate
Myroianthes fragrans	Simpsons Stopper	Moderate
Nyssa sylvatica	Black tupelo	Moderate
Yucca filamentosa	Adams Needle	Moderate
Amelanchier arborea	Serviceberry	Slight
Aronia arbutifolia	Chokeberry	Slight
Callicarpus americanus	American Beauty Berry	Slight
Hypericum reductum	St. Johns Wort, Atlantic	Slight
Taxodium distichum	Bald Cypress	Slight
Viburnum obovatum	Viburnum, Walter's + varieties	Slight

#### PERENNIALS

Gallardia pulchella	Blanket Flower	High
Helianthus debilis	Beach Sunflower	High
Solidago sempervirens	Goldenrod, seaside	High
Achillea millefolium	Yarrow	Moderate
Asclepias tuberosa	Butterfly Milkweed	Moderate
Crinum americana	Southern Swamp Lily	Moderate
Kosteletskya virginica	Mallow, Seashore	Moderate
Monarda punctata	Bee Balm, Horsemint	Moderate
Stokesia laevis	Stoke's Asters	Moderate
Canna flaccida	Golden Canna Lily	Slight
Coreopsis auriculata	Coreopsis, Dwarf	Slight
Coreopsis lanceolata	Coreopsis, Lanceleaf	Slight
Coreopsis verticillata	Coreopsis, Threadleaf	Slight
Echinacea purpurea	Coneflower, Purple	Slight
Erythrina herbacea	Coral Bean	Slight
Hibiscus coccineus	Mallow, Scarlet Rose	Slight
Hibiscus moscheutos	Hardy Hibiscus + varieties	Slight
Liatris spicata	Blazing Star, Gayfeather	Slight
Monarda didyma	Bee Balm, Oswego Tea	Slight
Rudbeckia fulgida	Orange Coneflower + varieties	Slight
Verbena canadensis	Rose vervain/ Trailing verbena	Slight

#### GRASSES

Muhlenbergia capillaris	Muhly / Sweetgrass	High
Schizachyrium scoparium	Little Blue Stem Grass + varieties	High
Uniola paniculata	Sea Oats	High
Panicum virgatum	Panic Grass + varieties	Slight

#### VINES

Decumaria barbara	Climbing Hydrangea	Moderate
Gelsemium sempervirens	Carolina Jessamine	Moderate
Lonicera sempervirens	Coral Honeysuckle + varieties	Moderate
Bignonia capreolata	Crossvine	Slight
Passiflora incarnata	Passionflower, Purple	Slight
Passiflora lutea	Passionflower, Yellow	Slight